



**FREE**

## FALL Lacrosse CLINIC

**Who:** From Beginners to All-Stars – Girls in grades 2-8

**When:** October 5, 12, 19, 26 & Nov 2 (rain date)      **Time:** 5-6:30 pm

**Where:** EHMIS Middle School Softball Field (by lower Field Hockey Field)

**Why:** To experience the game of Lacrosse to see if you would like to play in the Spring.

**What:** This is a free clinic focusing on basic skills and some modified game play depending on the level and number of participants. The players attending the clinic will be divided by grade and ability/skill level. You will learn the basics in a fun, non-competitive environment.

Sticks & Goggles will be provided for 1<sup>st</sup> time/new players. What better way to see if your child will enjoy the game than to attend a free trial clinic before you go out and buy all the equipment.

All you need to bring with you is a **mouth guard**, water bottle, and a great attitude.

**Registration Required:** Please register at our website:

[www.swgirlslax.com](http://www.swgirlslax.com)

For questions, please call or email Jennifer Krouse at: 410-961-1975 or [jmace31@yahoo.com](mailto:jmace31@yahoo.com)

